**INSTITUTION-AKIRACHIX**

2017

MY \_BOOK

**TASK-Writing a Book**

Philomena Waithira

[Type the company address]

**Date of Submission – Friday 20th Jan**

THE

Success

Principles

**I’VE HEARD THERE’S GOING TO BE A RECESSION; I’VE DECIDED NOT TO PARTICIPATE**

A friend of mine owns a Lexus dealership in Southern California. When war in the Middle East broke out, people stopped coming in to buy Lexus’s. My friend and his sales team knew that if they didn’t change their response (R) to the event (E) of nobody coming into the showroom, they were going to slowly go out of business. Their normal response (R) would have been to continue placing ads in the newspaper and on the radio then wait for people to come into the dealership. But that wasn’t working. The outcome (O) they were getting was a steady decrease in sales. So they tried a number of things. The one that worked was driving a fleet of new cars out to where the rich people were-the country clubs, marinas, and polo grounds, parties in Beverly Hills, Westlake Village and Lake Sherwood- and then inviting them to take a spin in a new Lexus.

Now think about this…have you ever test-driven a new car and then got back into your old car? Remember that feeling of dissatisfaction you felt as you compared your old car to the new car you had just driven? Your old car was fine up until then. The same thing happened with these folks. After test-driving the new car a high percentage of the people bought or leased a new Lexus.

The dealership had changed their response (R) to an (E) – the war – until they got the outcome (O)-increased sales-that they wanted. They actually ended up selling more cars per week than before the war broke out.

EVERYTHING YOU EXPERIENCING TODAY IS THE

RESULT OF CHOICES YOU HAVE MADE IN THE PAST

Everything you experience in life in life- both internally and externally- is the result of how you have responded to a previous event.

Event: You are given a $400 bonus.

Response: You spend it on a night on the town with friends.

**Outcome: You are broke.**

Event: You are given a $400 bonus.

Response: You invest it in your mutual fund.

**Outcome: You have an increased net worth.**

You have control over only three things in your life-the thoughts you think, the images you visualize, and the actions you take (your behavior).

How you use these three things determines everything you experience.

If you don’t like what you are producing and experiencing, you have to

Change your responses. Change your negative thoughts to positive ones.

Change what you daydream about. Change your habits. Change what you

read. Change your friends. Change how you talk to yourself and others.

**IF YOU KEEP ON DOING WHAT YOU’VE**

**ALWAYS DONE, YOU’LL KEEP ON GETTING**

**WHAT YOU’VE ALWAYS GOT**

Twelve-step programs such as Alcoholics Anonymous define insanity as “continuing the same behavior and expecting a different result.” It ain’t gonna happen! If you are an alcoholic and you keep on drinking, your life is not going to get any better. Likewise, if you only continue your current behaviors, your life is not going to get any better, either.

The day you change your responses is the day your life will begin to get better! If what you are currently doing would produce the “more” and “better” that you are seeking in life, the more and better would have already shown up! If you want something different, you are going to have to do something different!

**YOU HAVE TO GIVE UP BLAMING**

All blame is a waste of time. No matter how much fault you find with another,

And regardless of how much you blame him, it will not change you.

WAYNE DYER

Coauthor of How to Get What You Really, Really, Really, Really Want

You will never become successful as long as you continue to blame someone or something else for your lack of success. If you are going to be a winner, you have to acknowledge the truth- it is you who took the actions, thought the thoughts, created the feelings,, and made the choices that got you to where you now are. It was you!

You are the one who ate the junk food.

You are the one who didn’t say no!

You are the one who took the job.



You are the one who stayed in the job.

You are the one who chose to believe them.

You are the one who ignored your intuition.

You are the one who abandoned your dream.

You are the one who bought it.

You are the one who didn’t take care of it.

You are the one who decided you had to do it alone.

You are the one who trusted him.

You are the one who said yes to the dogs.

In short, you thought the thoughts, you created the feelings, you made

The choice, you said the words, and that’s why you are where you are now.